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Contact: Diana Rohini LaVigne or Ami Sampat

(415) 787-2893 / media@bayareabikes.org

Bike to Work's Team Bike Challenge Officially Kicks Off For 2011

May is National Bike Month- So join a team and win some prizes.

(April 20, 2011) Oakland, Calif. — Bike to Work's Team Bike Challenge officially kicks off on May 1st, 2011, and registration is now open. Gather your friends, neighbors, and coworkers and pedal to win. It's a fun and easy way to see just how much biking does for your health, budget, and the environment.

Here is how it works: form a team of 2-5 people and sign up at www.teambikechallenge.org. Earn points for each bike ride you take and your total daily mileage. Record your information via the website. Compete with your friends through the personalized Facebook Friends Leader board. You can also earn bonus points for completing various medal challenges, such as biking enough miles to burn a total pizza's worth of calories. At the end of the month, the team with the most amounts of points wins.

Every member of a top scoring team from each county will receive a bike prize valued over \$50. The top scoring team in the Bay Area receives a bike prize valued over \$1,000.

The biking doesn't have to stop when the Team Bike Challenge ends on May 31st arrives. You can still compete as an individual all year round by logging in your miles on the website. Track your total bike commuting benefits, including miles biked, calories burned, gas money saved, and pollution prevented. Bike your way to the top of the leader boards! Every month we will have a new leader board, so you can compete to be the top commuter each month.

If your business is too big to fit onto one team, then join the Company Bike Challenge. Compete for top honors against similar sized companies.

So log on to www.teambikechallenge.org, register, and join the fun. Happy biking!

A special thanks to this year's regional sponsors for Bike to Work Day: 511.org, Metropolitan Transportation Commission, Kaiser Permanente, Bay Area Air Quality Management District, Beyond Pix Studios, Clif Bar, REI, Adobe, and Bay Area Bicycle Coalition.

For more information on Bike to Work Day, please visit www.511.org or www.youcanbikethere.com.

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